

Quick 14th Century Braies Pattern

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A: Desired Length (from where they will sit on the waist of hips -> bottom hem + 2" for waistband)

B: 1/4 Desired Waistband (add about 50% more to the waist measurement depending on how much gather you want)

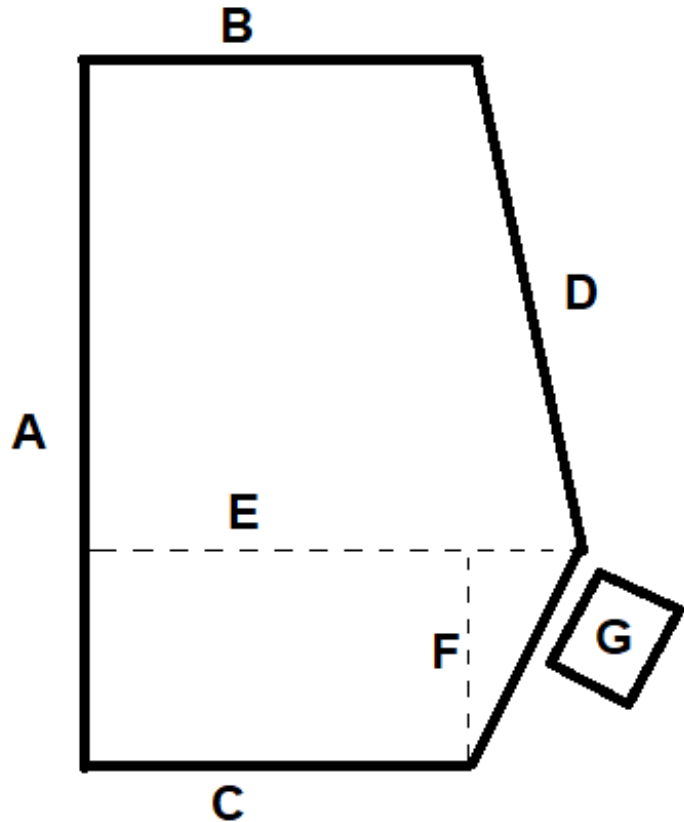
C: 1/2 Desired Upper Thigh Circumference (for reference: in my husband's pattern measurement B = C, but that isn't required)

D: Waist -> Crotch + 3" (you may want to adjust the 3" for comfort)

E: B + 4" (you may want to adjust the 4" for comfort)

F: Bottom Edge -> Crotch (when I draft my pattern, I use E & F and then connect the lines to get D and the inner thigh seam)

G: Gusset Square (I use a 6" square - You may want a smaller square if your subject is of smaller build, adjust for comfort just make sure it doesn't take up all the inner thigh seam.)



To Assemble:

- Cut out 2 Leg sections if **A** is on a fold or 4 leg sections if **A** is not on a fold
- Cut out 1 Gusset Square
- Attach all 4 sides of the Gusset to the inner thigh seam
- Sew the front and back center seams
- Fold and sew waistband (remember to leave an opening at the center front to insert and tie waistband!)
- Hem Legs
- Insert drawstring (cotton cord or braided wool yarn both work very well)
- **Done!**

The finished product should look something like this:

